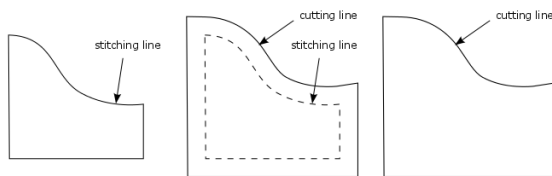


Material Types	
Man Made	Natural
nylon	cotton
polyester	flax
viscose	fur
rayon	silk
acrylic	leather
bamboo	jute
lyocell	linen
acetate	wool
	denim

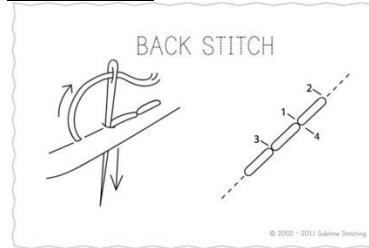
### Seam Allowance



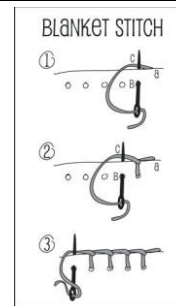
- A seam allowance is simply the area between the edge of your fabric and the line of stitching being used to join two or more pieces of material together.
- The amount of seam allowances can range from 1/4 inch wide to as much as several inches.
- This measured distance is the width between the ragged edge and where the seam is to be stitched.
- Sometimes the type of pattern, design, or fabric requirements determines which size seam allowance will be used.

### Sewing Stitches

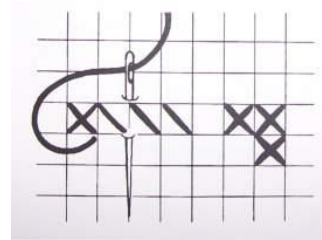
#### Back Stitch



#### Blanket Stitch

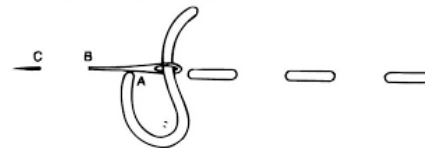


#### Cross Stitch



#### Running Stitch

#### RUNNING STITCH



### Key Vocabulary

<b>appliqué</b>	A method of stitching/gluing patches onto fabric.
<b>back stitch</b>	Stitching where each stitch overlaps the previous one.
<b>blanket stitch</b>	Hemming stitch, particularly on the edge of blankets.
<b>cross stitch</b>	Stitches which form a cross shape.
<b>man-made</b>	Prepared or made artificially.
<b>natural</b>	A product which comes from plants, animals or the ground.
<b>needle</b>	A sharp pointed implement (usually steel).
<b>pattern</b>	A guide or diagram that you follow to make clothes or other things using a needle and thread.
<b>pin</b>	A small slender (often pointed) piece of metal used to fasten or attach things
<b>running stitch</b>	Stitches which do not overlap.
<b>seam</b>	Joint consisting of a line formed by joining two pieces.
<b>tacking stitch</b>	Light stitching to hold material in place.
<b>thread</b>	A fine cord of twisted fibres (of cotton or silk or wool or nylon etc.) used in sewing and weaving.